



MENTAL HEALTH & SUBSTANCE USE URGENT CARE

Walk-in care

**for mental health and addiction for
adults & children in the Hudson Valley**

No appointment. No referral. No fee.

Adults and children struggling with addiction or mental health concerns can walk in to the Access: Supports for Living Urgent Care.

Worried about your insurance or ability to pay? Don't worry. Everybody is welcome, regardless of insurance or ability to pay. You don't need an appointment or a referral.

A compassionate team will welcome you or your child to the Urgent Care, work with you to figure out what's happening, and begin a plan for recovery, including referrals to the community provider of your choice for longer-term care, if that's what you need.

OPEN 7 DAYS/WEEK

Monday - Friday: 11 am to 7 pm

Saturday & Sunday: 9 am to 5 pm

TWO LOCATIONS

Union Street Community Counseling Center

16-24 Union Street, Middletown, NY 10940

Kaplan Family Counseling Center

21-23 Grand Street, Newburgh, NY 12550

FOR MORE INFORMATION

1-888-750-2266



Rewarding lives. Healthy communities.

MENTAL HEALTH & SUBSTANCE USE URGENT CARE

ACCESS: SUPPORTS FOR LIVING

WHY SHOULD YOU COME TO THE URGENT CARE?

- Depression or Anxiety
- Thoughts of suicide
- Self-harming, like cutting
- Addiction to drugs or alcohol
- You need to see somebody in between appointments with your regular therapist or psychiatrist
- Any other mental health or substance use concerns

WHAT DO WE OFFER AT THE URGENT CARE?

- Care for **mental health and addiction** when you're ready for it, right when you need it, 7 days a week in Middletown and Newburgh
- A team of professionals ready to help you figure out what's happening and set you on your **path to recovery**
- Rapid Access to **Medication-Assisted Treatment**, like Suboxone, for addiction to drugs or alcohol
- A bridge between your regular appointment with your therapist or provider, if you need immediate help
- Referral and warm hand-off for longer-term care at the provider of your choice
- Care customized to meet your needs

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For more information about this or one of our other services:

www.accessupports.org

info@asfl.org

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